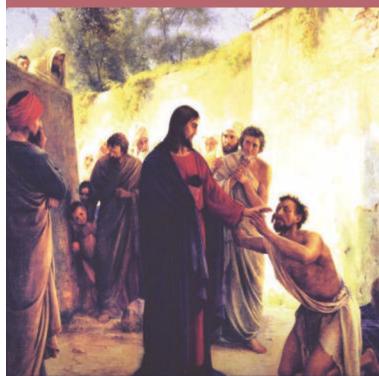
Saint James Catholic Church

905 Park Avenue, Falls Church, VA

## Sunday March 22, 2020



## 4<sup>TH</sup> SUNDAY OF LENT

-010

When Jesus heard that they had thrown him out, he found him and said, "Do you believe in the Son of Man?" - Jn 9:35

Supo Jesús que lo habían echado fuera, y cuando lo encontró, le dijo: "¿Crees tú en el Hijo del hombre?" - Jn 9, 35

Excerpto from the Lectionary for Mats 60001, 1998, 1970 CCD. Lecturerie 1 01976 Contaion Episcopedo Mer. www.stjamescatholic.org 703-532-8815

#### Clergy

Very Rev. Paul D. Scalia, Pastor Rev. Joseph Vu, Parochial Vicar Rev. Steven Oetjen, Parochial Vicar Rev. José E. Hoyos, Hispanic Apostolate\* Rev. Joel Kwame, In Residence Rev. Denis Tameh, In Residence Rev. Gregory Thompson, In Residence Deacon James A. Fishenden Deacon Edward Gliot

#### **Rectory Office**

905 Park Avenue, Falls Church, VA 22046 Phone: 703-532-8815/Fax: 703-533-7644 rectory@stjamescatholic.org

#### **Religious Education**

Phone: 703-533-1182x104 Sr. Regina Rosarii McLallen, IHM, Director religioused@saintjamesschool.org

#### \*Hispanic Apostolate

200 N. Glebe Road, Arlington, VA 22203 703-841-3883

#### Ministry to the Sick

If anyone is confined to their house or the hospital, please call 703-532-8815x130 Sr. Margaret John Stichter, IHM, Director visitingministry@stjamescatholic.org

#### School

830 W. Broad Street, Falls Church, VA 22046 Phone: 703-533-1182/ Fax: 703-532-8310 Sr. Mary Sue Carwile, IHM, Principal mainoffice@saintjamesschool.org

#### MASS SCHEDULE:

Saturday Vigil: 5:00pm Sunday: 6:30am, 7:30am, 9:00am, 10:30am, 12:00 noon, 6:00pm, and 7:00pm Spanish Mass: 2:30pm Daily: 6:30am, 8:30am, 12:00 noon, and 7:30pm Saturday: 8:30am

#### **Federal Holidays:**

6:30am and 8:30am only **Holy Days:** 7:30pm Vigil 6:30am, 8:30am, 12:00 noon and 7:30pm

#### FIRST FRIDAYS:

Exposition: 9:00 - 11:45am Benediction of the Blessed Sacrament: 11:45am **Eucharistic Holy Hour:** Sunday: 5:00pm Third Thursdays: 7:00pm

#### **CONFESSIONS:**

Friday: 11:15 - 11:45am Saturday: 3:30 - 4:30pm & 7:30 - 8:00pm and by appt.

#### **RECTORY HOURS:**

Weekdays 9:00am- 9:00pm (closed 12:45 - 1:30pm) Saturday 9:00am - 1:30pm

#### St. James Catholic Church Rectory Staff

**RECTORY OFFICE** 905 Park Avenue, Falls Church, VA 22046 Phone: 703-532-8815/ Fax: 703-533-7644 rectory@stjamescatholic.org

Jean Gliot, Pastor's Assistant/Office Manager jgliot@stjamescatholic.org Child protection and safety coordinator

Ginny Beauchamp, Records Manager gbeauchamp@stjamescatholic.org Sacramental records, baptisms, registrations, address changes and room reservations

Judy Burke, Receptionist receptionist@stjamescatholic.org

Volunteer Coordinators volunteer@stjamescatholic.org

Rich Blickendorfer, Business Manager rblickendorfer@stjamescatholic.org

Kara Rider, Accounting Specialist krider@stjamescatholic.org

Kathleen Anderson, Director of Development kanderson@stjamescatholic.org

Duane Hyland, Communications Specialist <a href="https://dnudications.com">dhyland@stjamescatholic.org</a>

Anne Rohall-Andrade, St. James Disability Inclusion Committee Liaison inclusion@stjamescatholic.org 202-841-3489

Music Ministry Dan Day, Director danieljday@aol.com

Youth Ministry Fr. Steven Oetjen fatheroetjen@stjamescatholic.org

Convent

101 N. Spring Street, Falls Church, VA 22046 703-532-2388

Sister Mary Sue Carwile, IHM, Superior

If you've moved, changed a phone number, or e-mail address, need to register with the parish, or would like to subscribe to Constant Contacts, let the rectory staff know so we can update your records. rectory@stjamescatholic.org

> Bulletin Deadline: Friday at 9:00am 10 days before Sunday publication date Via website form posted under Events/Bulletin/Bulletin Submissions.

#### On The Way

The Mass in Slowest Motion: The Responsorial Psalm

The Responsorial Psalm comes between the first and second readings on Sundays, or between the reading and Gospel on weekdays. It might strike people as a pause in the action or, when sung, a musical interlude. In fact, the psalm is one of the most properly liturgical parts of the Mass. The other readings were written as history, poetry, or prophecy. But the Psalms – the "Praises" – were written specifically for liturgical use. (It merits mention that not every responsorial psalm is actually a psalm. Sometimes another canticle from scripture is used, such as Hannah's prayer (1 Sam 2:1-10) or our Lady's Magnificat (Lk 1:46-56).)

The psalm is responsorial in two ways. First, it is a response to the reading just heard. So, at last Sunday's Mass Psalm 95 spoke of the miracle of the water at Meribah and Massah detailed in the first reading. Second, the psalm is sung (or, when necessary, recited) in a responsorial manner: verse and response, cantor and congregation. To pray the psalms better, keep several things in mind.

First, the psalms teach us about Jesus Christ. Sometimes this is rather clear. Psalm 1, for example speaks about the blessed man, *who does not walk in the counsel of the wicked*,

Nor stand in the way of sinners, nor sit in company with scoffers. Rather, the law of the Lord is his joy; and on his law he meditates day and night. This description is a prophecy about our Lord Himself. Psalm 22 – My God, my God, why have you abandoned me? – is clearly fulfilled in Christ's interior agony on the Cross. And so on, for many psalms.

But other times the psalm's reference to Christ is not so clear. Last Sunday's Psalm says, *let us acclaim the Rock of our salvation* (95:1). That refers primarily to the rock Moses struck and that produced water for the Israelites. Saint Paul tells us that, *the rock was Christ* (1 Cor 10:4). That is, that rock in the wilderness was an image of Christ, the true Rock, Whose side is struck to produce blood and water for us, the New Israel.

Second, the psalms teach us about ourselves. We find in the psalms the whole gamut of human emotions: joy, sorrow, desire, anger, despair, and even vengeance. Their presence in the books of "praises" teaches us that every emotion we experience can be turned into an occasion to praise the Lord.

But we might not always relate to the emotions expressed in a given psalm. We might feel miserable while the psalm says, *Come, let us sing joyfully to the Lord* (95:1). We might feel joyful while the psalmist says, *Hear me, Lord, as I complain* (64:1). What do we make of this disjunction?

First, it forces us outside of ourselves. We have to consider the emotions of someone else – the psalmist's initially...and Christ's ultimately. More importantly, the psalms help to shape and form our emotions so that they are in accord with reality, so that we feel sadness, joy, desire, or anger appropriate to the situation. *Next week: the Gospel* 

#### Mass Intentions For The Fourth Week of Lent

Saturday, March 21 Saturday of the Fourth Week of Lent 5:00 p.m. All St. James Parish Children

#### Sunday, March 22

The Fourth Sunday of Lent			
	People of St. James		
9:00 a.m.	+Paul Rich		
10:30 a.m.	+Kevin Brown		
Noon	Leo Thibodeau		
2:30 p.m.	+Rosemary Paz		
7:00 p.m.	+Peggy Walker		

#### Monday, March 23

Monday of the Fourth Week of Lent; St. Turibius of Mogrovejo 6:30 a.m. +Theresa Chunnim Son 8:30 a.m. +Carl Sensi

Noon +Cyndie Cotter

#### Tuesday, March 24

Tuesday of the Fourth Week of Lent6:30 a.m.Lauren Vinci8:30 a.m.+Fr. J. PiwowarskiNoon+Jim Sober

Wednesday, March 25 *The Annunciation of the Lord* 6:30 a.m. +Morgan Wootten 8:30 a.m. +Louise Moriarity Noon +Lenny Gilleo

#### Thursday, March 26

Thursday of the Fourth Week of Lent6:30 a.m.+Margaret McMahon8:30 a.m.+Donna BushawNoon+Peggy Walker

#### Friday, March 27

Friday of the Fourth Week of Lent6:30 a.m.+Margaret Long8:30 a.m.+Magdalena BanezNoon+Klee Simmons

#### Saturday, March 28

Saturday of the Fourth Week of Lent 8:30 a.m. +Clarence R. Dauer 5:00 p.m. +Rev. John F. Kurtzke, Jr. CSC

#### Sunday, March 29

Fifth Sunday of Lent7:30 a.m.+John J. Hyland, Jr.9:00 a.m.+Carmine Mattiello10:30 a.m.+James MimnaghNoon+Robert Elam2:30 p.m.People of St. James7:00 p.m.+Deacon Tom Bello

#### Today's Readings

First Reading: 1 Samuel 16:1B, 6-7, 10-13A "The Lord said to Samuel..."

**Psalm: Psalm 23:1-3A, 3B-4, 5, 6** "The Lord is my shepherd..."

Second Reading: Ephesians 5:8-14 "Brothers and Sisters: You were once..."

Gospel: John 9:1-41 "As Jesus passed by he saw a man..."

#### **Readings for the Week**

Monday:	IS 65:17-21; Ps 30:2, 4, 5-6, 11-12A, 13B; JN 4:43-54
Tuesday:	EZ 47:1-9, 12; PS 46:2-3, 5-6, 8-9; JN 5:1-16
Wednesday:	IS 7:10-14; 8:10; PS 40:7-8A, 8B-9, 10, 11; HEB 10:4-10; LK 1:26-38
Thursday:	EX 32:7-14; PS 106:19-20, 21-22, 23; JN 5:31-47
Friday:	WIS 2:1A, 12-22; PS 34:17-18, 19-20, 21, 23; JN 7:1-2, 10, 25-30
Saturday:	JER 11:18-20; PS 7:2-3, 9BC-10, 11-12: JN 7:40-53

#### Remember in Your Prayers...

#### the sick of our parish family:

Laura Baird Muriel Brasche Chip Clarke Caroline Martin Janet Owen Carter Parry William Pollock Russell Ross Lauren Vinci

#### and the deceased of our parish family:

Patrick Harney Francisco Sierra

#### and those serving our country:

Our disabled veterans, military retirees, and those serving overseas in the military and foreign service, especially:

Justin Berg Patrick Egan Veronica Elkins Major Alan Harvey Michele Petersen Roger VanSanford Major Albert C. Young





# Statement From Bishop Burbidge on the Suspension of Public Masses in the Arlington Diocese

Brothers and Sisters in Christ,

Please know I am aware of how the spread and growing concerns of the coronavirus are impacting all of you. Many are teleworking, schools are canceled, travel is restricted, and we have taken extraordinary precautions in order to reduce the spread of the coronavirus within our parishes, schools, ministries and charities.

During this time, I have been praying for each of you every day. I ask that you also keep in prayer those most impacted by

the coronavirus: first and foremost, those who have died and their families, those diagnosed with the virus, those with loved ones suffering from the virus, and those who are enduring tremendous financial hardship as a result of the changes within our society. I also want to extend my appreciation and pastoral support to caregivers and those in the medical profession working to stop the spread of the coronavirus.

As a many of you are aware, we have been communicating with the faithful and the public almost every day about updates and the latest news related to our response to the coronavirus. We have posted statements on our website, and used social media, podcasts, emails, and other tools to bring you the latest information we have.

The White House Coronavirus Task Force recommends limiting gatherings to 10 people or less. This recommendation is consistent with CDC guidelines for events that serve "high risk" populations. That would certainly include public Masses.

Therefore, it is with great sadness that I announce that starting March 17, I am suspending the public celebration of all Masses in the Diocese of Arlington until further notice.

Suspending Masses may safeguard our physical health, but I understand that our spiritual health must also be maintained to the best of our ability. For that reason I have asked our pastors to keep our churches open to the public, so that those who choose to pray, are welcome to do so in the presence of our Eucharistic Lord, while keeping a safe distance from one another and not exceeding the 10-person limit.

I encourage you to go to <u>ArlingtonDiocese.org</u> for the latest changes and updates related to our parishes, schools, ministries and charities. If you sign-up for our e-newsletter, you can get those updates sent to you directly. For updates unique to your parish, please visit your parish's website.

As some of you know, the Diocese co-sponsors a televised Sunday Mass with the Archdiocese of Washington. It takes place at the Basilica Shrine of the Immaculate Conception in Washington, and is available at 10:30am on Sundays on two local TV stations as well as online. Go to <u>ArlingtonDiocese.org/TVMass</u> for more information or to view the Mass.

While this is clearly a confusing moment, we must remember Our Lord tells us: "Be not afraid!" We must remain rooted in, and unified by, prayer! We published a <u>"Prayer to Jesus for Healing and Guidance"</u> that is available on the diocesan website. I ask each of you to pray that prayer with your family each day during this situation. And know that your priests will do everything they can to provide for your spiritual needs.

Also consider how you can use your time. Many people at home have more free time than before; ensure you use this time productively. Find ways to spend time alone in prayer and silence with the Lord. Pray with your children. Teach them more about the Faith. Spend quality time as a family. Get some exercise. It is important that we not simply sit and worry. We must be active in keeping our bodies and our souls healthy until the coronavirus passes. And it will pass.

In the midst of this pandemic, God is with us! Draw near to him, the one who promises to deliver and to protect his people.

May our Lord Jesus bless you with his healing love, and keep you steadfast in faith and joyful in hope, now and always.

## **Stewardship** *The Gift of Time, Talent, and Treasure*

How do I continue to make my offertory contribution to St. James when there is no public Mass?

Dear Friends in Christ,

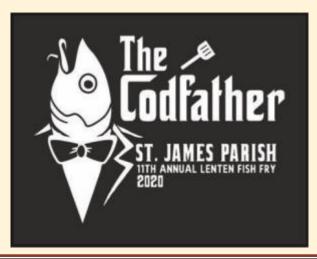
We have received several calls from parishioners regarding how to give their weekly offertory if they can't attend Mass during the corona virus pandemic. First off, thank you for your generosity and concern. The most important thing, of course, is to maintain your prayer life and devotion to the sabbath. *Pray* – for your families, for one another, for our parish, our diocese, our country and the world at large. It is also important that you take care of your health and your family. *Keep the sabbath* — by meditating on the Sunday readings, praying the Rosary together, making a spiritual communion, and simply being with each other as you are able.

We greatly appreciate your care and concern for the needs of our parish. In terms of weekly offertory, Faith Direct is the best option: <u>https://membership.faithdirect.net/VA50</u> You can also mail in your gift to the parish office: 905 Park Avenue, Falls Church, VA 22046.

Again, thank you for your calls, prayers, well wishes and desire to continue to support the mission of Saint James Catholic Church which exists to bring the Gospel of Jesus Christ to all souls in need. May God Bless you and your families during this time of difficulty.

#### Some Good News About the Fish Fry

Your "Codfather," being the "capo di tutti i pesci," has decided that the Fish Fry will go on in its drive-through form. So, every Friday through April 3, you and your family can head to Lot A between 5:00pm and 8:00pm and avail yourself of all the goodness of our annual fish fry! Prices remain the same, as do the freshness and quality that we are famous for! So, be good family members and pay your respects to your "Codfather!"



#### "Be doers of the word and not hearers only." James 1:22



"Where We Ignite the Potential in Each Child."

#### A View From Career Day

On Thursday, March 12, Saint James Catholic School held its annual Career Day, inviting in professionals to speak to the students about their career paths and what there jobs entail. Speakers came from a wide range of fields included banking, diplomacy, education, and medicine. Here are a few pictures from the day.



703-533-1182

830 W. Broad Street, Falls Church, VA 22046 www.saintjamesschool.org

# FAITH AT HOME

During this time of trial, don't forget that St. James has a subscription to FORMED, bringing you the best in Catholic programming. Find a commentary on Scripture, find a movie, find a program, find a book—find them all at Formed!

If you do not have a Formed account, they are free, and you can create one by visiting

www.stjamescatholicva.formed.org

## St. James Volunteers

Throughout the year, our parishioners generously share their time and talent in over 20 ministries and apostolates that serve people at Saint James Parish and School, Falls Church City, and beyond. But we are always in need of additional assistance! Please consider giving of your time to serve the poor, assist at Mass, or engage in other projects that bring Christ to others.

For more information on volunteer opportunities, visit us at: <u>https://www.stjamescatholic.org/community/parish-ministries</u> Or contact our Volunteer Coordinators at <u>volunteer@stjamescatholic.org</u>, or at 703-532-8815.

## St. James Meals on Wheels

Each month, St. James Meals on Wheels volunteers bring much needed meals to individuals throughout the Falls Church area. Volunteers deliver meals on the third and fourth Wednesdays and fourth and fifth Fridays of each month. The meals include two frozen meals, salads, and milk or juice. Delivery time for each driver ranges from between an hour to an hour and a half. Driver pick the meals up at Falls Church Episcopal Church, 166 E. Broad St., 22046. If you are interested in volunteering for Meals on Wheels, please note that the program requires volunteers to be finger printed, as well as a complete driving record review. For more information on the Meals on Wheels program, or to volunteer for it, please call John Vrablik at 703-533-2135.

#### St. James Social Outreach Focus on Hunger-St. James Food Distribution

"If you can't feed a hundred people, feed just one." - Mother Theresa

The Falls Church Community Service Council (FCS) maintains a food pantry at Knox Presbyterian Church, 7416 Arlington Blvd, Falls Church, that provides non-perishable and fresh food to families in need. It also is the umbrella organization for the Meals on Wheels Program for the Falls Church area. If you would like to join one of St. James Meals on Wheels teams contact John Vrablik at 703-533-2135.

Thank you for your generosity!



## Happenings at St. James

#### A Note on Events

For the time being and until further notice almost all Parish events are cancelled. Once the dangers posed by the COVID-19 Virus pass, we will resume our normal operations. At this time, only these events remain open:

- The Church for private prayer and devotions, however, no more than ten people can be in the Church at any-one-time.
- Friday Drive-Through Fish Fry, 5:00pm—8:00pm in Lot A

#### **St. James COVID-19 Information Center**

To better serve our parishioners, we have established the St. James Parish COVID-19 Information Center. The center has all of the latest information from Father Scalia, the Diocese of Arlington, and the Centers for Disease Control and Prevention. It is updated daily. The center also features appropriate prayers and devotions that all can engage in during this time of crisis. We hope it will be of use to you and your family during this time. You can visit the center at <u>http://j.mp/3b3WYE0</u>. We will maintain the center through the end of the current emergency.

#### Annual St. Patrick's Day Party for Seniors—March 28—Cancelled

Unfortunately, The annual St. Patrick's Day Party has been cancelled due to efforts to stem the tide of transmission of the COVID-19 virus. Please plan on joining us next year. If you have any questions, please call Mary Ann Parker at 703-241-9128 or email at <u>maparker302@gmail.com.</u> Thank you!

#### **Diocese Cancels Day of Prayer and Healing Retreats for Women**

Due to coronavirus concerns, the Diocese of Arlington is postponing both the English (March 21) and Spanish (March 28) Day of Prayer and Healing retreats for women. A new date for both events will be announced later this year. In the meantime, the Diocese asks that you continue to pray for women who have suffered an abortion, and to pray for an end to abortion in our nation.

#### Courage

Courage, is a group that meets regularly to offer fraternal, moral, and spiritual support for those who experience same-sex attractions and desire to live chaste lives according to the teachings of the Roman Catholic Church. For more information, please visit <u>http://j.mp/33nSpBI.</u>

#### **Diocese of Arlington Office Of Vocations**

If you think you are discerning a vocation or if you want to learn more about vocations and what the religious life is like, the Office of Vocations of the Diocese of Arlington is here for you. To learn more, visit the Office's website at <u>http://j.mp/2MP62Dy</u> or call them at 703-841-2514.

# How Is Our Diocese is Protecting Our Children?

Visit <u>http://j.mp/37R4vEi</u>, to find out the policies and proceedures that the Diocese of Arlington has set in place to protect our children and ensure their safety. Remember, each of us plays a vital role in that effort.

#### St. James Pro-Life Ministry Updates

Happening Now... The Lent 40 Days for Life campaign (www.40DaysforLife.com) is underway in 507 cities around the globe, including at the Falls Church abortion facility. 900 S. Washington Street, Falls Church. For 40 days and nights, people of faith and conscience will stand in constant, peaceful vigil outside hundreds of abortion facilities ... to do the single most important thing we can do: PRAY. Join other St. James parishioners on Wednesdays - or any day you are available for this praverful witness to life. So far, at least 150 babies have been saved during this campaign. The first baby was saved within the first hour of the campaign in El Paso, Texas. See for yourself how prayers from the 40 Days for Life vigil led this mother to get off the table and **choose life**! https://youtu.be/pdESmROT

The St. James Pro-Life Ministry will next meet on Thursday, April 5, at 7:30pm in Knecht Conference Room (Doors 8 & 9). Please join them and "take a stand for life!"

There is a Holy Hour on the second Tuesday of every month at St. Leo Catholic Church, 3700 Old Lee Highway, Fairfax, from 7:30pm— 8:30pm. The next one will be held on April 14. The purpose of the Holy Hour is to pray for the healing of our culture and for those who hold the secret sorrow of abortion deep within their hearts—that grace will break through. For more information, visit: <u>http://bit.ly/2IXIoTZ</u>

There is a monthly "Third Saturday Rosary" at 9:00am at Landmark Towers, the busiest abortion center in the diocese, located at 101 S Whiting Street, Alexandria. The rosary follows 8:00am Mass at Queen of Apostles, 4401 Sano Street, Alexandria.

We welcome all parishioners to take part in the defense of life, and hope you will join us at one or more, of these events.

#### St. James' History Books Still Available-Order Yours Today

Want to learn more about . . . The history of St. James Parish? The original Mission church and cemetery on Fowler Street? The first Gothic structure with no transepts and different windows? Pictures of all the stained-glass windows in the current church? Copies of the full-color illustrated book "Doers of the Word: 125 Years of History at St. James Parish," can be purchased online at squareup.com/store/ coronae-rosarum@gmail.com. The cost per book is \$10.00 + \$2.00 shipping.

#### Sign Up For the Diocesan E-Newsletter!

Receive special video messages from our bishop, learn about unique opportunities to get involved, and be the first to know the news about our Diocese—straight to your inbox. Sign up here: <u>http://bit.ly/CDAsignup</u>.

#### A Mom's Peace Is Here To Help You

When an unborn child dies in miscarriage or stillbirth, parents should know they have options and rights for laying remains to rest. Our apostolate works one-on-one with families to help them make decisions about interment in the immediate wake of loss and we walk with them through the grief that follows. Contact <u>info@amomspeace.org</u> and visit <u>www.amomspeace.org</u> for more information.



<b>Catholic Charities Seeks Medical Volunteers</b>	<b>Quo Vadis and FIAT Camps Registration</b>	
for Free Clinic	Lottery	
Catholic Charities will open a second free	Quo Vadis Days and FIAT Camps are great	
medical clinic for poor, uninsured and	opportunities for Catholic high school stu-	
under-insured adults in late April and needs	dents (rising freshmen through rising seniors)	
volunteer medical professionals and other	to have fun while deepening their faith and	
volunteers to operate the clinic. The Mother of	exploring their vocations. Quo Vadis (for	
Mercy Free Medical Clinic, Woodbridge, will	boys) is staffed by Arlington seminarians,	
open at 13900 Church Hill, Woodbridge.	priests and religious, and runs July 12-16.	
Catholic Charities opened the first Mother of	FIAT (for girls) is staffed by religious sisters	
Mercy clinic in Manassas in 2017. Volunteer	and runs July 19-23. Both are held at Mount	
nurses and doctors, including internists,	St. Mary's Seminary in Emmitsburg, MD. The	
cardiologists, gynecologists and other specialists,	registration lottery will be open March 3-31.	
nutritionists, physical therapists and others are	See the videos and photos from last year, get	
needed. To volunteer contact Alexandra	more information and register for the lottery	
Luevano at 703- 335-2779 ext. 15	at <u>ArlingtonDiocese.org/QuoVadis</u> or	
or <u>alexandra.luevano@ccda.net</u> .	at <u>ArlingtonDiocese.org/FIAT</u> .	
<b>The Gift of a Spiritual Bouquet</b> Abortion leaves the living wounded in its wake. Please consider offering a Spiritual Bouquet on behalf of the women attending the Day of Prayer and Healing on March 21 and 28. Some suggestions are as follows: a letter of encouragement, a holy hour, praying a rosary, Mass, or a personal sacrifice. Please submit your spiritual bouquet to <u>info@helpafterabortion.org</u> or call 703-841-2504 up to one day prior to the retreat. Thank you.	VA2MINUTES2VIRTURE—Weekly Challenge Need help getting going in the morning, help that is more powerful than the caffeine in your morning coffee or tea? If so, 2MINUTES2VIRTURE has exactly what you need to get your morning off to a strong spiritual start. Text "2m2v" to 8576 to get a weekly reflection and challenge that is sure to give you the boost you need to face the day and draw closer to Christ. Every week, a featured priest from the Catholic Diocese of Arlington will give his take on the Sunday	
Men's Post-Abortion Helpline The Diocese of Arlington has established a "Men's Post-Abortion Helpline," to provide confidential, compassionate, and non-judgmental help in the wake of the tragedy. Call them at 703-841-3833 or reach-out to them via E-mail at	Gospel reading, and use it as inspiration behind the week's challenge! To learn more about 2MINUTES2VIRTURE, visit <u>http://j.mp/2r42m8C</u> .	

#### "Searching For More" Diocesan Podcast

Visit http:bit.ly/2N1sHMS

#### Things For Folks To Do During This Period of Quarantine

Just because we'll all be stuck at home over the coming weeks, doesn't mean we can't learn more about our world. Here are some activities for everyone to enjoy:

Catholic Gospel Coloring Worksheets Being stuck indoors is not fun, but why not liven the mood a little with these Catholic Gospel Coloring Worksheets? Each one allows kids to be creative, while also teaching them important Gospel based lessons. Visit <u>http://j.mp/2WjIw6t</u> to learn more and to access the sheets.	Catholic Arts and Crafts Want arts and crafts ideas for these long days ahead? Visit <u>http://j.mp/39WJcmd</u> for a wide array of Catholic arts and crafts projects, that reinforce learning and knowledge of the Gospel.
Virtual Tours of Famous Churches and	<ul> <li>Free Books!</li> <li>If your favorite bookstore is shuttered, but you need to read, here are a few book repositories online. Best of all, everything in them is free, and all the books are online.</li> <li>For books on our Catholic Faith, visit: <u>http://j.mp/38VIJ2C</u>.</li> <li>For public domain fiction and non-fiction literature, visit: <u>https://www.gutenberg.org/</u></li> <li>For classic children's literature, visit</li> </ul>
<b>Cathedrals</b> Who says that travel restrictions can stop you from "visiting" some of the world's most famous, and beautiful, houses of worship? Well, maybe not in person during these times, but you can certainly tour them from your couch, visit <u>http://j.mp/3908AGq</u> and find out how.	
<b>Virtual Tours of Museums</b> Ever wanted to walk through the Uffizi Gallery? To stand and marvel at the collection of the Art	
Institution of Chicago, or walk down the Hall of Mirrors at Versailles? Now you can, from the comfort of your own house, visit <u>http://j.mp/393ihnO</u> and find out how.	Venerable Fulton J. Sheen Take this time to acquaint yourself with, or re-acquaint yourself, with the Venerable Fulton J. Sheen, and his classic TV program from the 50's and 60's. You can find episodes on YouTube at <u>http://j.mp/2xLpfkg.</u> Laugh and learn with this soon-to-be Saint.
A Range of Activities From Scholastic Magazine The creative folks at Scholastic Magazine have created a wide range of daily learning activities for kids during this period of quarantine. Visit <u>http://j.mp/393jEms</u> and find out more.	

#### March Prayer Intention of Pope Francis

#### Catholics in China

We pray that the Church in China may persevere in its faithfulness to the Gospel and grow in unity.

# This Week in Our Parish—All Parish Events, Except Those Noted on Page Nine, are Cancelled Until Further Notice

Sunday, March 22 Monday, March 23 Tuesday, March 24 Wednesday, March 25 Thursday, March 26 Friday, March 27 Saturday, March 28

#### A Prayer for to Jesus for Healing and Guidance

Savior, heal and comfort the sick, so that, with health restored, they may give you praise. Divine Physician, accompany our caregivers so that, serving with patience, they may heal wisely. Eternal Wisdom, guide our leaders so that, seeking remedies, they may follow your light. Christ, the Anointed, protect us in body and spirit, so that, freed from harm, we may be delivered from all affliction. Who live and reign with God the Father in the unity of the Holy Spirit, one God, forever and ever, Amen

#### **Other Resources for Learning During This Time**

Sister Regina Rosarii McLallen, IHM, Director of Religious Education at St. James, has suggested the following free websites as resources for the children of our parish during this time.

- My Catholic Faith Delivered is offering their services for free during this time. RE grades 1 – 8 and Midwest Theological Studies for High School. <u>http://faithformation.zohosites.com/</u>
- Chosen will offer their video's for free for the Diocese of Arlington. (until May 11, 2020)8th Grade Confirmation, <u>http://j.mp/390EW3Q</u>
- Colette's homeschooling course based on the Standards of Learning are complete and will be posted on the website today. (Free) <u>https://classroom.catholiceducationcenter.com</u>.Please see attachment for instruction.
- Credible Catholic (free resource) A resource for middle school and high school who question the evidence of a soul from medical studies, Evidence of God from science and philosophy. Proof of the Resurrection. Why be Catholic? Where to find True Happiness and why God allows suffering in the world. This can be used as an at-home retreat or a resource for parents to answer their children's questions. <u>https://www.crediblecatholic.com/programs/</u>





